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***Report Title: Learning  
Disability Big Plan  
(Strategy)  
Annual Report***

For consideration by:  
Adult Social Care Scrutiny Commission  
Date: 9 March 2023  
Lead director: Kate Galoppi

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## Useful information

- Ward(s) All
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### 1. Purpose of report

- 1.1. The purpose of this report is to provide ASC Scrutiny Members with a Year 2 update on progress against the actions in the Leicester City Joint Health and Social Care Learning Disability Strategy 2020 – 23 (see Appendix A and B for annual reports).

### 2. Report Summary

- 2.1. Leicester City Council is currently working to a [Leicester City Joint Health and Social Care Learning Disability Strategy 2020 - 23](#). The strategy was co-produced with people from Leicester, including people with learning disabilities, family members and other unpaid carers, industry organisations, and practitioners from health and social care backgrounds. The strategy is co-owned, co-delivered and overseen by the Leicester Learning Disability Partnership Board.
- 2.2. A key commitment in the strategy is to provide yearly reports highlighting successes, areas that still need development and priority areas for the following year.
- 2.3. The purpose of this report is to provide ASC Scrutiny Members with a Year 2 update on progress against the actions in the Leicester City Joint Health and Social Care Learning Disability Strategy 2020 – 23 (Appendix A and B).

### 3. Recommendations

- 3.1. Scrutiny Members are asked to:
  - 3.1.1. Provide comments and note the report which highlights the progress against the strategy in Year 2 of delivery.
  - 3.1.2. Note the additional and significant amount of work undertaken by health and social care partners with the intention of keeping people with learning disabilities safe during the COVID-19 pandemic, through the LLR Learning Disability and Autism COVID-19 Response Cell, which, while partners continued to deliver on both, took precedent above the strategy delivery for that period, and continues to be a priority for partners.
  - 3.1.3. Note the intention to extend the existing strategy for 2 years (2024-26) to ensure it continues to deliver on the commitments outlined in the strategy for

people with learning disabilities in Leicester, which remain a priority for health and social care partners and people with learning disabilities in the city.

3.1.4. This is intended due to the additional and significant amount of work undertaken by health and social care partners during and in the recovery of COVID-19 and this resulting in the strategy not being deliverable as anticipated over the 2020-23 period, notwithstanding the progress achieved thus far. Early engagement with health and social care colleagues, Learning Disability Local Leaders and carers has identified that the outstanding areas of work in the strategy remain a priority to the city.

## **4. Supporting information**

### **4.1. Background**

4.1.1. The 'The Big Plan' has eight priority focus areas that aim to improve the experience people with learning disabilities have of health care, social care and wider community services. Each of these focus areas, developed with people and families, have 'Making it Real' principles at their core:

- Social care
- Housing and accommodation
- Equal healthcare
- Healthy lifestyles
- Access and inclusion to leisure, recreation, and public transport
- Work, college, and money
- Moving into adulthood
- Support for carers

4.1.2. At the end of 2021, the Lead Member for Social Care received the first annual report on progress against the strategy by health and social care partners which was subsequently published on the city council website.

4.1.3. The strategy is due to expire in December 2023 and it is recommended by health and social care partners, learning disability local leaders and carers that the strategy is extended to ensure that services across health and social care and the wider learning disability partnership can continue to sufficiently adapt working practice to meet the needs of people with a range of learning disabilities.

### **4.2. Achievements of the Strategy in 2021-2022**

4.2.1. Work has progressed under the strategy through the following forums and regularly reports up into the Learning Disability Partnership Board, the strategy owner:

- ASC and Children's Respite and Short Breaks Board
- ASC Accommodation Board
- LLR Specialist Team for TCP/LDA Programme
- ASC Forms Group

- (LCC corporate) Working with Communities with Additional Accessible Needs Group
- Leicester's Supported Employment Working Group
- Leicester's Transitions Delivery Group
- Leicester's Learning Disability Capabilities Working Group

4.2.2. The establishment of the Learning Disability and Autism Collaborative under the LLR Integrated Care System has also seen priorities within the strategy start to progress through the LLR Health Inequalities and Quality groups.

4.2.3. Year 2 activity built on the work undertaken throughout the first year of implementation; key highlights of this work include the increased uptake of annual health checks and development of health action plans, work undertaken to begin to build a picture of demand and need for respite services, processes established to put LeDeR Learning into Action across organisations and the growing commitment and subsequent action to make more and more information about services and support available in easy read. A Year 2 annual report can be found at Appendix B.

4.2.4. The strategy and the Learning Disability Partnership Board also provided the infrastructure and commitment needed to take forward the city's response to COVID-19 in relation to people with learning disabilities. Building on our joint working around the strategy, we were able to lead work from city and county partnership boards ensuring that Leicester was first in the country to offer priority vaccination to people with learning disabilities ahead of the national decision. Drawing on our health inequalities work we were able to develop a learning disability and autism vaccine programme, including specialist person-centred vaccine clinics which continue to be used.

### **4.3. Keeping people safe during the COVID-19 pandemic**

4.3.1. The onset of the COVID-19 pandemic in 2020, shortly after the launch of the strategy, saw an abrupt shift in ways of partner working between health and social care and in the way we delivered on our health inequalities priorities. A Learning Disability and Autism COVID-19 Response Cell was established and health and social care colleagues with a joint focus to address health inequalities oversaw a programme of support to keep people with learning disabilities safe during the pandemic.

4.3.2. Highlights of this work included the development of a Dynamic Support Register to trigger MDT support as needed, sharing important, clear and accessible information with people with learning disabilities, their families, providers and practitioners through virtual sessions and bulletins, support to providers to keep people safe during the period, and a programme of support to ensure priority access, support and uptake of the COVID-19 vaccine through specialist learning disability clinics. A further breakdown of work undertaken can be found in the annual report at Appendix B.

4.3.3. While partners continued to deliver on the strategy, our COVID-19 response took priority focus above the strategy delivery for that period and despite a return to 'business as usual', keeping people with learning disabilities safe

from COVID-19 continues to be a priority within the new ways of working established.

4.3.4. The driver for an extension to the strategy is (a) the additional and significant amount of work undertaken by health and social care partners during and in the aftermath of COVID-19 for two years (2020-22) and (b) this resulting in the strategy not being deliverable as anticipated over the 2020 - 23 period. The proposed extension is to ensure delivery of the strategy continues and that our commitments are upheld.

#### **4.4. Areas still to be developed as a result**

4.4.1. Early engagement to review progress against the strategy thus far and to determine the next steps for the strategy has included that with:

- Social Care Learning Disability Delivery Group
- Health Colleagues and LDA Health Inequalities Group
- Learning Disability Local Leaders of the We Think Group
- Carers of the Learning Disability Partnership Board
- Colleagues delivering on the Preparing for Adulthood and Transitions Strategies

4.4.2. Recovery from the pandemic has highlighted a need to draw attention and focus to three key areas within the strategy that need further development and work as a result of the pandemic pressures. Rather than considering changes to either the commitments in the strategy, or introducing anything new, it is proposed an extension will enable partners more time to draw focus to the delivery of these areas.

4.4.3. Respite (support for carers) – work initiated to determine demand for respite services highlighted that data currently held in its current format is not robust enough to support demand modelling. This is largely due the council not having a dedicated commissioned service for respite that enables us to draw down key information about access and demand. These data gaps were further exacerbated due to a long pause in people drawing on respite services through the pandemic and its lockdowns. As access begins to increase again, further work is needed to make robust our methods of recording respite use and demand, including ‘latent demand’, to enable the council to determine whether appropriate and sufficient respite provision is or can be made available for people with PMLD and complex needs.

4.4.4. Work, college and money – Many businesses stopped running and/or employing people during the pandemic, utilising the Furlough Scheme provided by government to manage the pressures that presented. As a result, our work around employment could not progress during this period. However, we know that statistics for learning disability employment are low in the city, and this remains a priority for our system. 2014 - 2021 ASCOF measures show the employment rate for people with a learning disability drawing on adult social care support as 4.8% in Leicester, ranking the city 99th across the country (Leicestershire County Council ranked 39th at 8.66%). Our Supported Employment service for people with learning disabilities and

autistic people will be launched in January 2023 to address this statistic, supporting people into meaningful and lasting employment while supporting employers in the city to become Disability Confident. This programme will support a legacy of employers equipped and interested in supported people with a learning disability into employment, and the learning from the outcomes of this programme (ending in March 2025) will enable the council to better understand the landscape in the city and inform what work is needed to ensure meaningful opportunities to enter employment remain in the city going forward.

- 4.4.5. Health inequalities (equal healthcare and healthy lifestyles) – Our health inequalities work has ensured that people with learning disabilities have had good access to covid support and were talking to their GPs during the pandemic. There is a need to build on this work ensure GPs stay in touch with people with learning disabilities and that we continue to address health inequalities beyond COVID-19 through the work of the newly established LLR LDA Health Inequalities Group and through the work of the LeDeR group.
- 4.4.6. There is also a need to build on our joint working arrangements as a new ICS, ensuring inequalities experienced by people with LD are not exacerbated within the new infrastructure and that people’s voices remain central to decision making within the system.
- 4.4.7. Health and social care partners of the strategy, therefore, propose to extend the existing strategy to enable us to see these priorities through.
- 4.4.8. Other actions in the strategy have been completed as presented in annual reports and/or will continue to be picked up through existing work:

Priority areas in existing strategy:	Carried forward through:
Social Care	<ul style="list-style-type: none"> <li>• Leicester Learning Disability Partnership Board</li> <li>• Social Care Strengths Based Practice work, Managers Forum and Forms Group</li> <li>• (LCC corporate) Working with Communities with Additional Accessible Needs Group</li> <li>• LLR LDA Collaborative Quality Group</li> </ul>
Housing and Accommodation	<ul style="list-style-type: none"> <li>• Leicester ASC Accommodation Board</li> <li>• Leicester Supported Living Strategy</li> <li>• Leicester Housing Opportunities Task Group</li> <li>• LLR TCP Specialist Team</li> </ul>
Equal healthcare	<ul style="list-style-type: none"> <li>• LLR LDA Collaborative Health Inequalities Group</li> <li>• LLR LDA Collaborative LeDeR Group</li> </ul>

Healthy Lifestyles	<ul style="list-style-type: none"> <li>• LLR LDA Collaborative Health Inequalities Group</li> <li>• Leicester Learning Disability Partnership Board (including Public Health)</li> </ul>
Access and Inclusion to Leisure, Recreation & Public Transport	<ul style="list-style-type: none"> <li>• Leicester Learning Disability Partnership Board (including Public Health)</li> </ul>
Work, College & Money	<ul style="list-style-type: none"> <li>• Leicester Supported Employment Working Group</li> </ul>
Moving into Adulthood	<ul style="list-style-type: none"> <li>• Leicester Transitions Strategy</li> <li>• Leicester Transitions Delivery Group</li> </ul>
Support for Carers	<ul style="list-style-type: none"> <li>• Carers Strategy</li> <li>• Carers Support Service</li> <li>• ASC and Children’s Respite and Short Breaks Board</li> </ul>

**4.5. Joint Health and Social Care Learning Disability Strategy Extension 2024-2026**

- 4.5.1. Over the last two years partners across Health and Social Care have worked together to deliver the key priorities and actions as set out in the original Joint Health and Social Care Learning Disability Strategy 2020-23. Partners intend to continue this work over the coming years, drawing on the support of the new LDA Collaborative arrangements, to take forward the three priority areas identified.
- 4.5.2. Forthcoming work will take into consideration any new strategies or legislation that have come into place since the previous strategy was developed. Partners will continue to monitor any new legalisation or changes and ensure these are reflected within the delivery plan.
- 4.5.3. Partners will continue to report into the Learning Disability Partnership Board, using these meetings to determine, with experts by experience, the impact and quality achieved through delivery.
- 4.5.4. While our early engagement has identified three priority areas that must be taken forward, it is proposed that further engagement, from February to April 2023, will seek to understand how the delivery of these priorities will be aligned to the priorities of partners and people drawing on services and will support stakeholders to develop an achievable plan for delivering on these commitments in a way that meets the needs of the community, reflecting on what has and hasn’t been achieved so far. Rather than revising priorities an extension will allow us to draw focus to outstanding commitments and the engagement exercise will be used to underpin the intentions with an achievable delivery plan.
- 4.5.5. For example, action 42. “Respite needs for carers of people with complex needs, and profound and multiple learning disability need to be met.” Sits under Priority area: Support for Carers. While this is more of an ambition than an action, it is still a commitment that partners believe should be taken

forward. An engagement exercise will support partners to reflect on the work that's happened so far and develop some deliverable actions that would help us to meet this ambition.

4.5.6. Engagement particularly with health partners in the wider system will enable us to produce a "You Said, We Did" document, showing clearly against each action, what has been achieved, what hasn't been achieved and what will be taken forward into the extension.

4.5.7. This will inform the development of a supplementary document to the strategy, showing clearly what is intended to be achieved in the extension period, with reference to any new strategies or legislation that have come into play, which will be published in Autumn 2023.

4.5.8. It is intended that an intensive period of engagement during the Spring will include that with:

- The We Think Group for people with learning disabilities
- Family carers of people with learning disabilities
- The Big Mouth Forum for children and young people with learning disabilities
- Leicester City Parent Carer Forum
- Age UK Carers Support Service
- Supported Employment Working Group
- ASC and Children's Respite and Short Breaks Board
- Colleges and universities
- Learning Disability Partnership Board including DWP partners, social workers, public health and providers of learning disability services
- System partners (including health) within the LDA Collaborative including the Health Inequalities Group and Quality Group
- LCC Legal Services
- VCS providers

## 5. Financial, Legal and other implications

### Financial implications

None noted.

### Legal implications

All of the services for people with learning disabilities delivered by the Council in line with the Strategy must be delivered in accordance with the Council's statutory and other legal responsibilities.

Kevin Carter  
Head of Law – Commercial, Property and Planning



### Climate Change Emergency implications

There are no significant climate emergency implications directly associated with this report. As service delivery generally contributes to the council's carbon emissions, any potential impacts from implementation of the strategy could be managed through measures such as encouraging sustainable staff travel behaviours, using buildings efficiently and following sustainable procurement guidance, as appropriate and applicable to the service.

Aidan Davis, Sustainability Officer, Ext 37 2284

### Equalities implications

When making decisions, the Council must comply with the Public Sector Equality Duty (PSED) (Equality Act 2010) by paying due regard, when carrying out their functions, to the need to eliminate unlawful discrimination, advance equality of opportunity and foster good relations between people who share a protected characteristic and those who do not.

In doing so, the council must consider the possible impact on those who are likely to be affected by the recommendation and their protected characteristics.

Protected groups under the Equality Act 2010 are age, disability, gender re-assignment, pregnancy and maternity, marriage and civil partnership, race, religion or belief, sex and sexual orientation.

If the report recommendations are agreed these should lead to positive outcomes for people with a learning disability who will also be from across a range of protected characteristics. The proposed refresh of the existing strategy for 2 years (2024-26) to ensure it continues to deliver on the pre-pandemic commitments outlined in the strategy for people with learning disabilities in Leicester, which remain a priority for the city will help us to ensure we are meeting the aims of the PSED and that equality considerations are being taken into account as an integral part of the decision-making process. It is recommended that Equality Impact Assessments are undertaken as appropriate, for example an EIA is currently underway to support the commissioning review of Respite Services.

Carrying out an equality impact assessment is an iterative process that should be revisited throughout the decision-making process and updated to reflect any feedback/changes due to consultation/ engagement as appropriate. The findings of the Equality Impact Assessment should be shared, throughout the process, with decision makers in order to inform their considerations and decision making. Where any potential disproportionate negative equalities impacts are identified in relation to a protected characteristic/s, steps should be identified and taken to mitigate that impact.

Sukhi Biring, Equalities Officer, 454 4175

6. Is this a private report (If so, please indicate the reasons and state why it is not in the public interest to be dealt with publicly)?

No

7. Is this a “key decision”?

No

8. Appendices

Appendix A – Annual progress report (easy read version to be published on the LCC website)

**Leicester City  
Joint Health & Social Care  
Learning Disability  
Strategy  
(The Big Plan)**



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# **The Big Plan Yearly Report 2021 – 2022**






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Leicester  
City Council

**NHS**

Leicester, Leicestershire  
and Rutland

	<p><b>Introduction</b></p>
	<p>The Big Plan started in February 2020.</p>
	<p>The Big Plan was written by:</p> <ul style="list-style-type: none"> <li>• People with learning disabilities</li> <li>• Families and friends of people with learning disabilities</li> <li>• Unpaid carers</li> <li>• Professionals</li> </ul>
	<p>It has been two years since the Big Plan started.</p> <p>This report says what we have done in the last year from August 2021 to September 2022.</p>
	<p>This report will explain what we have done to make things better for people with learning disabilities in Leicester.</p>
	<p>This report will explain what we will try to do for 'The Big Plan' in 2022 to 2023.</p>

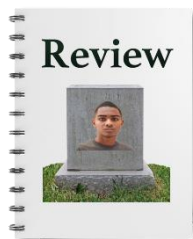
	<p><b>Some of the things we wanted to do</b></p>
	<p>We wanted to make sure that carers of people with learning disabilities can have a break (respite).</p>
	<p>We wanted to give training to staff on:</p> <ul style="list-style-type: none"> <li>• Learning Disability</li> <li>• Reasonable adjustments</li> <li>• Equality and Diversity</li> </ul>
	<p>We wanted to work to support the stopping over medication of people (<b>STOMP</b>) and to give information and guidance to staff.</p>
	<p>We wanted to work with public health to make sure that people with learning disabilities are thought about when making public health campaigns in Leicester.</p>
 <p><b>Complain</b></p>	<p>We wanted to look at how people make a complaint to make sure that people with learning disabilities can raise a complaint on their own.</p>



We wanted to carry on with our work on the Learning Disability and Autism Programme to support our care providers to support people well.



We wanted to check that our services are signed up to the Health Charter.




We wanted to work closely with the 'Learning from Lives and Deaths' (**LeDeR**) team.

We wanted to learn lessons from the reviews they write.

We wanted to improve health outcomes for people with learning disabilities.



[You can read The Big Plan on the Leicester City Council website.](#)

	<b>Work that Social Care did in 2021 to 2022</b>
	<p>People who work in social care took part in easy read training.</p> <p>We have been working with the rest of the council to find out which other teams need easy read training.</p>
	<p>We have been working with other councils to make sure we are up to date on training that all staff must do if they work with people with learning disabilities.</p> <p>This is called the <b>Oliver McGowan mandatory training</b>.</p>
	<p>We have made sure we have easy read information on the council website about important things like COVID-19 and the Cost of Living.</p>
	<p>We have updated the Housing Information Pack that tells people all about moving home if you have a learning disability or if you care for or work with someone who does.</p>



Some people with learning disabilities go into hospital for the wrong reasons.

There is a special team that try to stop people going to hospital for the wrong reasons.

They have been working with people in Housing teams to look at what homes we need for people coming out of hospital.

We make sure this happens at our Accommodation Board.



We have been working together to find out how many people with learning disabilities need respite and what type of support they need.

We have been working together to find out how many adults and how many people preparing for adulthood will need respite in the future.

We have set up a Respite and Short Breaks Board to look at this.



We have been working with public health to make sure that people with learning disabilities are involved in our Active Leicester Plan and our plans to transform the city.



We have made sure that any new providers we work with must sign up to the health charter when they start working with us.

We are doing this work with all providers that already work with us too. We make sure this is in their contract with us.



 Please fill in this easy read form

Your name

Address

Phone

We have set up a Forms group to make sure that people can get any social care forms and letters in easy-to-understand formats.








We have made sure that carers can take part in our Learning Disability Partnership Board.



We have carried on our Accessible Places work.

We have been looking at how we can make our libraries more accessible for people with learning disabilities.

	<p><b>Work that the NHS did in 2021 to 2022</b></p>
	<p>We have done lots of work to help more people stay well in the community and not need to go into hospital.</p>
	<p>We work more closely together to help people in hospital to get all the support they need so they can leave hospital when they are ready.</p>
	<p>The <b>LeDeR</b> team have been working with GPs to make sure they get proper access to the right kind of weighing scales.</p>
	<p>We have been sharing our learning about lives and deaths with other areas across the country.</p>
	<p>We worked hard to make sure that more people are having their annual health checks than the year before.</p>



We are making sure that everyone gets a better Health Action Plan after their Health check.



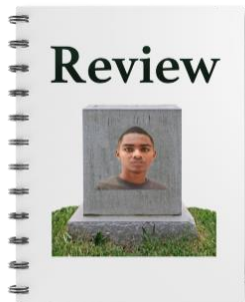
We have carried on with our special vaccine clinics for covid and flu.

## Work we did together



We have been looking at how we can work in a more joined up way in health and social care to make things better for people with learning disabilities.

We have been looking at how we can make sure people with learning disabilities and their carers are involved in important plans for learning disabilities.



A person with a learning disability now co-chairs the LeDeR group. This is the team that has been set up to do work together and make changes to help people with learning disabilities live longer and better lives.

All of our meeting papers are now in easy read.

We have been working together to try and reduce the numbers of people with learning disabilities dying at an early age.



We have set up a Health Inequalities Group to make sure we are working together across health and social care to make access better for people with learning disabilities.

We look at things like annual health checks, health action plans and vaccinations.







We worked with the Learning Disability Partnership Board to make sure carers could have information about stopping over medication of people.



We have set up a Quality group where we work together to make sure all of our health and social care services give good quality care and support.



We have done work to make sure that carers of people with a learning disability know they can get a Carers Passport when they are supporting their loved one at health appointments.

	<p><b>What happened during COVID-19?</b></p>
	<p>Health and Social Care worked together to try and make sure people could stay safe during COVID-19.</p>
	<p>We kept a register of people with learning disabilities who were most at risk of covid and we made sure they were getting the right support from different teams to stay safe.</p>
	<p>We worked together to make sure that people who needed extra support to make a choice about getting a job could get the right support.</p>
	<p>We wrote a letter to government to tell them people with a learning disability need to have quick access to covid jabs.</p> <p>We had covid jabs for people with learning disabilities in Leicester before the rest of the country.</p>



We started and carried on with our Learning Disability flu and covid vaccine work to make sure people can get the right support to have their jabs in special clinics.

Even people who don't like needles said it was easy to get their jab.



We worked closely with families and GPs to make sure that everyone who needed a covid jab could have one.



We shared information and support about covid with people with learning disabilities, carers and people who work with them.

We had covid bulletins and drop-in sessions



We made sure people could find easy read information about covid on the council website.



We started and carried on work to make sure people with learning disabilities and carers could be involved in meetings online during covid lockdowns, by getting the skills and equipment they needed.



We worked closely with families to keep our council day services safe for people during covid.



Our contracts team worked with providers of learning disability services to make sure they had the right support and could keep people safe during covid.



All of our important work to keep people safe during covid means that we now have to work harder on some of the other things in the Big Plan:



People stopped having respite breaks during covid and it was also hard to find information about who needed respite.

We need more time to understand this better.





Lots of businesses stopped running and employing people during covid.

Our work around employment had to wait and this is something we need to focus on more from next year.



Our health inequalities work made sure that people with learning disabilities had good access to covid support and were talking to their GPs when they needed help.

We need to build on this work and make sure GPs stay in touch with people with learning disabilities so they can keep having access to annual health checks and screening.

### **What's next for 2022/2023**



We want to make better how we get information about people who need respite so we can check we have the right services to support them.



We will make sure everyone who works with people with learning disabilities and autism does the Oliver McGowan Mandatory Training.

We will work with other departments in the council like housing and customer services to make sure all council staff can get the training if they need it.







We will carry on our work to stop over medication of people with learning disabilities and making sure we share the right information with families.



The Health Inequalities group will do more work with GPs to make it easier to find out who needs an annual health check.



The Health Inequalities group will do more work to make sure health screening and vaccinations are easy for people with learning disabilities to access.

	<p>We will have Learning Disability Health Inequalities Champions that work in health and social care.</p> <p>Champions will make sure that all of our services think about how people with learning disabilities will access them.</p>
	<p>We will do more work with Public Health to look at how we involve people with learning disabilities in important meetings about health and wellbeing.</p>
	<p>We will make sure we are learning and sharing from lessons we find in our LeDeR work.</p> <p>We will make sure we put our learning in action and that we have good plans for this.</p> <p>We will share our learning with GPs and hospitals as part of their training.</p>
	<p>We will grow our Accessible Places work to look at how we can make our community spaces easier for people with learning disabilities to access.</p>

	<p>We are starting our Supported Employment work.</p> <p>We will help people with learning disabilities to find meaningful work and support them to stay in work.</p> <p>We will also support employers to become disability confident. This includes the council.</p>
	<p>We will work together with people with learning disabilities and families to plan for after the Big Plan ends in 2023.</p> <p>We need to make sure we carry on with the work that had to wait during covid.</p>

## Appendix B – Annual progress report (plain English)

### Learning Disability Strategy Year 2 Progress Update 2021-22

**Priority area:** Social Care

**Key achievements in 2021-22:**

- Roll out of easy read training to social care teams and partner working with the Working with Communities with Additional Access Needs (CWAAN) Group to start to develop a plan to develop easy read training for wider council departments that work with people with learning disabilities.
- Partner working with LLR colleagues to gain access to and make available a shared approach to the Oliver McGowan Mandatory Training to health and social care staff.
- Development of easy read information on the council website about headline priority information such as COVID-19 and the Cost of Living.
- Continued work through the Forms group to ensure ASC assessment and review process and correspondence can be made available in easier to understand formats.

**Priority area:** Housing and accommodation

**Key achievements in 2021-22:**

- Updated the Housing Information Pack for people with learning disabilities, their carers and practitioners, in line with contemporary guidance.
- Re-established the ASC Accommodation Board, to enable joint working with health and housing leads to identify housing solutions to support acute hospital discharge of people with learning disabilities and enable them to return to the community.

**Priority area:** Equal healthcare (joint working with health)

**Key achievements in 2021-22:**

- Continued partner working within the TCP specialist team to enable acute hospital discharge.
- Establishment of the dynamic support pathway building on the work of the COVID-19 Dynamic Support Register
- A person with a learning disability now co-chairs the LeDeR group. This is the team that has been set up to do work together and make changes to help people with learning disabilities live longer and better lives. All of our meeting papers are now in easy read. We have been working together to try and reduce the numbers of people with learning disabilities dying at an early age.
- Last year, it was identified through the work of the LeDeR team that a large proportion of deaths of people with learning disabilities were related to weight. As a result, this year, the joint LeDeR team have been working with GPs ensure sure they get proper access to the right kind of weighing scales. We have been sharing our learning about lives and deaths with other areas across the country.
- Learning from LeDeR this year has revealed that up to 30% of deaths related to Aspiration Pneumonia could be prevented. Next year, our work will involve:
  - Sharing our learning about Aspiration Pneumonia with other areas in the country
  - Introduction of a new Aspiration Pneumonia Protection Plan
  - Development of an MDT network to support people with learning disabilities who are admitted to hospital with Aspiration Pneumonia.
- We are now in a place where 100% of reviews are completed within the 6 month deadline from referral
- Work to ensure that more people are having their annual health checks and that everyone gets a better Health Action Plan after their Health check.
  - At Dec 22, 40% of people have had an annual health check, compared with 32% the year before.
  - 94.5% of these people were given a Health Action Plan to take away.
  - 200 patients struggled to attend their check in the past 2 years. 60 of these people have now been contacted by a specialist LD nurse to attend their checks. Others will continue to be contacted.
- We have made sure that any new providers we work with must sign up to the health charter when they start working with us. We are also updating existing provider contracts as they renew, to include the health charter.
- Joint working through the LDA Collaborative Engagement and Coproduction group to ensure people with learning disabilities and their families can continue to have their voices heard within the new ICS arrangements.
- Established a Health Inequalities Group to address health inequalities across LLR, social care and health.
- Established a Quality group to ensure all of our health and social care services give good quality care and support.

**Priority areas:** Healthy lifestyles; Access and inclusion to leisure, recreation and public transport (joint working with health and public health)

**Key achievements in 2021-22:**

- We have been working with public health to involve people with learning disabilities in our Active Leicester Plan and our plans to transform the city.
- We have continued our Accessible Places work. We have been looking at how we can make our community spaces more accessible for people with learning disabilities.
- We have continued to deliver learning disability and autism specialist vaccine clinics for covid and flu.
- Continued work to raise awareness of STOMP:
  - We worked with the Learning Disability Partnership Board to ensure carers could have information about stopping over medication of people, including carers who access Hastings Road Day Centre.
  - Primary care - Rolling training programme for GPs, targeted intervention at high prescribing GP practices, targeted intervention for high co-prescribing or depot prescribing, ongoing engagement through comms, leaflets and emails, and progress reviews through pharmacy framework and PCN DES
  - Secondary Care - STOMP awareness training package developed and will be delivered to DMH and FYPCLD, engagement with teams such as SAT/NMP forum in CAMHS etc., QI projects development with FYPC pharmacy – discharging pts on medication, audit action plans, and developing NMP role in LD
  - Patient and Carer - Workshops offered regularly, STOMP/STAMP embedded into OPA clinical templates
  - People with a learning disability and/or autistic people have been invited to participate in a number of STOMP/STAMP workshops, one which took place in September 2022.

**Priority area:** Moving into Adulthood (Transitions Strategy)

**Key achievements in 2021-22:**

- Continued work to support the implementation of the Leicester City transitions strategy in achieving its actions related to learning disability through the Transitions Delivery Group.

**Priority area:** Work, college and money

**Key achievements in 2021-22:**

- Preparation for launch of the Supported Employment (grant) service and initial engagement work with people with learning disabilities and stakeholders including economic regeneration and DWP to steer the direction of the work to begin through the Supported Employment Working Group.

**Priority area:** Support for our carers

**Key achievements in 2021-22:**

- Work with adults and children's social care teams to build a picture of current and future demand for respite in adults has begun. We have been able to determine historic access to respite in the transitions age group which may evidence demand for a transitions respite facility. This work has identified issues with our data recording in relation to respite which makes it difficult to forecast demand. Work will need to be undertaken to ensure we have good reporting processes that enables commissioners to clearly see demand including latent demand. The demand work will also need to expand to cover all adults 18+. An ASC and Children's Respite and Short Breaks Board has been established to oversee this work.
- We have ensured that carers continue to attend our Learning Disability Partnership Board.
- Work through the Learning Disability Partnership Board to raise awareness and ensure that carers of people with a learning disability know they can get a Carers Passport when they are supporting their loved one at health appointments.

## **Additional priority work: Joint working during COVID-19**

### **Key achievements in 2020-22:**

- Establishment of the LLR LDA COVID-19 sub cell/Response cell – chaired by Leicester City Council to lead the system response to ensuring the safety of people with learning disabilities and autistic people during COVID-19, overseeing the following activity:
  - Development of a Dynamic Support Register of people with learning disabilities who were most at risk during the pandemic, triggering an MDT response to keeping them safe and prevention.
  - Produced practitioner guidance on Mental Capacity Act and Best Interest decision making in relation to the C19 vaccine and partner working with GP surgeries to ensure people on the Learning Disability register were prioritised for vaccination.
  - Led on writing a letter to government from the City and County Learning Disability Partnership Boards highlighting the need for learning disability priority access to COVID-19 vaccinations. This work saw that Leicester was able to offer priority access to C19 vaccinations to people with learning disabilities ahead of the rest of the country.
  - Establishment of learning disability specialist vaccine clinics to enable additional support needed to have a vaccination for people with complex needs. Even people who don't like needles said it was easy to get their jab.
  - We shared information and support about covid with people with learning disabilities, carers, providers and practitioners, including through bulletins and virtual drop-in sessions.
  - Development of easy read information about covid-19 on the council website.
  - Ensured people with learning disabilities and carers could continue to inform commissioning and service development and continue to attend Learning Disability Partnership Board meetings by providing the necessary equipment and upskilling.
  - We worked closely with families to keep our council day services safe for people during covid-19.
  - Our contracts team worked with providers of learning disability services to make sure they had the right support and could keep people safe during covid.
- The focus on keeping people safe during the COVID-19 pandemic has created a need to draw attention and focus to areas within the strategy that need further development and work:
  - **Respite (support for carers)** - Work initiated to determine demand for respite services highlighted that data currently held in its current format is not robust enough to support demand modelling. This is largely due the council not having a dedicated commissioned service for respite that enables us to draw down key information about access and demand. These data gaps were further exacerbated due to a long pause in people drawing on respite services through the pandemic and its lockdowns. As access begins to increase again, further work is needed to make robust our methods of recording respite use and demand, including 'latent demand', to enable the council to determine whether appropriate and sufficient respite provision is or can be made available for people with PMLD and complex needs.
  - **Work, college and money** - Many businesses stopped running and/or employing people during covid, drawing on the Furlough Scheme provided by government. As a result, our work around employment could not progress during this period. However, we know that statistics for learning disability employment are low in the city and this remains a priority for our system. Our Supported Employment service has now launched and will inform and contribute to the delivery of our actions around employment.
  - **Health inequalities** - Our health inequalities work ensured that people with learning disabilities had good access to covid support and were talking to their GPs when they needed help during the pandemic. We need to build on this work ensure GPs stay in

touch with people with learning disabilities and that we continue to address health inequalities beyond COVID-19 through the work of the newly established Health Inequalities Group.

### **Planned activity for 2022-23:**

#### **Respite (support for carers)**

- Work through the Respite Board to establish robust reporting mechanisms and processes to enable commissioners to forecast demand for respite services accurately to inform commissioning reviews of respite for people with PMLD and complex needs.

#### **Practitioner development**

- Roll out of Oliver McGowan Mandatory Training to all staff who work with people with learning disabilities and autism.
- Work with other council departments, such as housing and customer services to ensure all council staff can access the training if needed.
- We will continue to roll out easy read training to social care staff and extend this to wider council departments. We will produce a survey to check what staff already know about easy read. This will help us to measure the impact of the training.

#### **Health inequalities**

- The newly established Health Inequalities group will drive work focussed on addressing health inequalities for people with learning disabilities.
- Learning Disability Health Inequalities Champions in health and social care will ensure that all of our services (including universal services) consider how people with learning disabilities will access them.
- Continue work with Public Health to explore how people with learning disabilities can be involved in Health and Wellbeing Board discussions, driving key Public Health agendas.
- Continue the work of the learning disability specialist vaccine clinics to encourage uptake of the second and third covid-19 vaccine doses.

#### **Annual health checks (equal healthcare)**

- The Health Inequalities group will continue work with GPs to ease identification of people requiring an annual health check and will explore opportunities to pilot:
  - GPs delivering health checks in their extra opening hours (weekends/evenings). One area will test this out and see if it works well.
  - Allocating AHC funds to a dedicated learning disability PCLN team based in doctor's surgeries to undertake annual health checks where there are backlogs.
  - A dedicated PCLN will contact people who are yet to attend their AHC or haven't had one for a long time.

#### **LeDeR (equal healthcare)**

- We will ensure we are putting LeDeR Learning into Action and that this is tracked:
  - We will introduce a new Aspiration Pneumonia Protection Plan. An MDT group will pick up on the risk of aspiration pneumonia, to prevent death caused by AP.
  - This will ensure people admitted to hospital with Aspiration Pneumonia will receive MDT support to understand any underlying issues.

#### **Continued work to support the STOMP agenda (healthy lifestyles):**

- We will share our learning with GPs and hospitals as part of their training.
- Continue to engage with people with a learning disability and/or autistic people, and their carers, through attendance at Partnership Boards, their sub-groups and other community groups.
- Attendance at Protected Learning Time events and LLR Clinical Executive to further raise awareness of STOMP/STAMP.

#### **Access and inclusion to recreation, leisure and public transport**



- We will explore ways to further develop our Accessible Places work to identify how we can make our community spaces, such as libraries, easier for people with learning disabilities to access.

### **Employment**

- The recently launched Supported Employment service will support people with learning disabilities to find meaningful work and support them to stay in work. It will also support employers to become Disability Confident.
  - We will work with people with learning disabilities at the We Think group and carers to get input and feedback about the direction of the work.
  - We will produce an easy read guide about Supported Employment
  - We will recruit job coaches to support people into work
  - The grant will offer 4-month incentives for employers to become Disability Confident and make reasonable adjustments for employees
  - Per-participant monies will enable job specific training for people supported by the service
  - This is progressing and will 'go live' within the next few months.
  - We will provide regular updates on progress to the Learning Disability Partnership Board

### **Next steps**

- We will work together with people with learning disabilities and families to plan for after the Big Plan ends in 2023, to ensure we continue to deliver on our commitments.
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